

Welcome Remarks at the HSUHK Joint-RCs High Table Dinner

16 April 2024

College Hall, Yuen Campus, HSUHK

Board Chairman Ms Diana Cesar, Council Chairman Dr the Honourable Moses Cheng, RC Patrons Dr Patrick Fung, Dr Patrick Poon and Dr. Ho Tzu Leung, Board Member of Lee Yick Hoi Lun Mosaic College Ms Michelle Liang, distinguished guests, faculty, and students,

Welcome to the Joint-RCs High Table Dinner. It is with immense joy that we gather here tonight as an RC community, celebrating our shared journey marked by unity, vibrancy, and accomplishments. Guided by the RC Management Team and RC Fellows, and supported by our student resident leaders, our RC community has achieved some milestones in the past year. I am glad to share some of these with you.

Fung Yiu King Evergreen College has made significant contributions in promoting sustainable development goals, particularly SDG 3 “Good Health and Well-being” and SDG 13 “Climate Action”, encouraging residents to take urgent action to combat climate change as well as to ensure healthy lives and promote the well-being for all through engaging workshops and events.

Lee Yick Hoi Lun Mosaic College has launched a series of cultural programmes that have successfully brought together students from diverse backgrounds, such as appreciating the play "Twelfth Night" (the romantic comedy by William Shakespeare) on screen, and some other local culture through drama and movies.

Patrick S C Poon Amity College has extended our reach beyond campus with the inception of a Rotary Club, cultivating a spirit of service and community engagement. Its “One Day University Experience for Elderly” deepens the relationship between generations and develops students’ sense of empathy.

To foster mindfulness and positivity within the RC community, S H Ho Wellness College has offered the "Mindfulness for Wellness Training Programme" to help participants achieve a state of well-being, both physically and mentally, through activities such as forest bathing and sound healing.

The above are only highlights of the endeavours of each College enriching the RC lives of their respective communities. Although each College has its respective theme, all four Colleges share similar ideas/ themes and conduct related activities regularly.

These initiatives have brought us closer together as a family, and instilled values of intercultural sensitivity, empathy, social responsibility, and global perspectives among our students, who are keen to make positive impacts on the world.

I would like to express our heartfelt appreciation to our Patrons and all supporters who have made our residential education both possible and fruitful. Your generous contributions and enduring support have been indispensable in creating an environment, a second home to our students, that fosters learning, growth, and personal development.

We are honoured this evening to welcome Prof Ricardo Mak. As a respected historian, the Director of Public Examinations at HKEAA, and a martial arts practitioner, Prof Mak will share his insights on "Beyond Physicality: Martial Arts Training as a Path to Self-discovery and Multi-dimensional Growth." His journey and experiences will undoubtedly shed light on all of us, guiding us as we embark on our own personal and professional adventures.

In conclusion, I thank you all for your presence tonight. Let us enjoy the spirit of fellowship, engage in thoughtful discussions, and look ahead to a future full of new possibilities.

Thank you and have a wonderful evening.